

## FOOD AND DRINK

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### Food and Drink Policy

#### Aim

It is our policy to provide children with healthy, balanced and nutritious snacks and drinks.

Those responsible for the preparation and handling of food will be competent to do so.

#### Procedure

Before a child is admitted we will obtain information about any special dietary requirements, preferences and food allergies, and any special health requirements.

We will request, record and act on information from parents about a child's dietary needs.

In light of COVID-19 and the risk of infection, any food containers or drinks bottles brought into the setting will be wiped with antibacterial wipes and stored in line with Government guidance. Parents will be required to provide appropriate cutlery for their child's needs that day (to be kept in their named lunchbox). We will not be able to heat food up in the microwave. Children will need to bring a named drinks bottle.

Setting snack bowls will be named, not shared, cleaned and disinfected after use. Children will be able to prepare their own snacks but these won't be shared with others

The children will eat in groups of three and we will ensure the mealtime tables are disinfected after use. We will also provide children with clean and age-appropriate high-chairs/seating which will be cleaned and disinfected after use.

We will respect the diversity of practice around mealtimes e.g. use of chopsticks or fingers for eating.

We will provide children with healthy snacks and drinks as appropriate and recommended by the **Food Standards Agency** literature available online at: <https://www.food.gov.uk/search/guidance?keywords=childrens%20healthy%20eating>.

In light of Covid-19 childminders will offer drinks regularly to children and will ensure that children are aware that fresh drinking water or squash is available at all times to them. We will encourage children to drink at all mealtimes and will also ensure children do not share their named drinking beakers or bottles.

In light of covid-19 we will ensure suitable sterilisation equipment for babies' food utensils is available when required. However, parents will be asked to bring pre-sterilised bottles, beakers and utensils their child may require at mealtimes. We will prepare children's milk formula in accordance with instructions on the formula milk packaging or parent's guidance

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where powdered milk formula has been dispensed into individual pots. Parents will be asked to provide prepared infant meals and snacks for weaning children.

As a provider of snacks and drinks we are aware of our responsibilities under food hygiene legislation. This includes, if necessary, registration with the relevant Local Authority Environmental Health Department (<http://www.eastsuffolk.gov.uk/environment/>). If this is the case then we are happy to have our premises inspected by a food safety officer.

### Allergens and Food labelling

We will list any allergens in ingredients that are present in any food that we produce, as well as being aware when we take children out to eat at other settings. All registered food businesses have to comply with the legislation so we will make sure we are aware of any allergens contained and make this part of my risk assessment. Information available online at <https://www.food.gov.uk/business-guidance/allergen-guidance-for-industry>

We will endeavour to keep pets out of the food preparation area at all times. If a family pet does gain access to this area then we will ensure that all work surfaces and food preparation utensils have been thoroughly cleaned before any food preparation or food handling takes place.

Baby changing facilities will not be near food preparation areas.

We will ensure that we, and everyone caring for children, as well as the children themselves, are aware of good hand washing procedures and how these are carried out.

We will not undertake laundry during times of food preparation and we will ensure that any detergents or soiled clothing will not come into contact with food preparation areas.

If either childminder suffers from sickness or diarrhoea they will not be involved in food preparation, cooking or serving of meals for at least 48 hours after symptoms have ended.

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### Food Poisoning

If there is an outbreak of food poisoning affecting two or more children looked after at our setting we will notify **Ofsted** as soon as possible but definitely within 14 days of the incident occurring in order to comply with regulations. (**Ofsted notification form available online at: <https://ofstedonline.o...>**).

We will keep all food receipts, including those under £10, so that if there is an outbreak of food poisoning on our premises we will be able to trace the outlet where the food was purchased.

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### Basic Food Hygiene Certificate details

At least one childminder at the setting will hold a current Basic Food Hygiene Certificate and renew that training every three years.

**Lorna Ford:** Pacey- Basic Food Hygiene Certificate Level 2

Renewal date- 23- 2-23

Childminder's name	Lorna Ford
Childminder's signature	
Date	28-5-2020
Childminder's name	David Ford
Childminder's signature	
Date	28-5-2020

Date policy was written	28-5-2020
This policy is due for review on the following date	28-5-2021

**This policy supports the following requirements and standards:**

#### England

Meeting the Early Years Foundation Stage Safeguarding and Welfare Requirements

#### Health, Food and Drink

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